



# SUPPORTING BIRTH & BEREAVEMENT

## *A Guide for Quality Continuity of Care*

### Family Profile

Surname: \_\_\_\_\_ Mother's First Name: \_\_\_\_\_ Age: \_\_\_\_\_  
Father/Partner's First & Last Name : \_\_\_\_\_ Age: \_\_\_\_\_  
Contact Number (Home) : \_\_\_\_\_ (Cell) : \_\_\_\_\_ (Other) : \_\_\_\_\_  
Marital Status: \_\_\_\_\_  
Siblings to the Infant (Names & Ages) :  
\_\_\_\_\_  
\_\_\_\_\_

Mother's Next-in-Line Support Person Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Name of Birth & Bereavement Doula: \_\_\_\_\_ Contact Number: \_\_\_\_\_  
Interpreter Required: Yes / No Name: \_\_\_\_\_ Contact Number: \_\_\_\_\_

### Maternal History

Gravida: \_\_\_\_\_ Term: \_\_\_\_\_ A (P&IL): \_\_\_\_\_/(DOLIU) \_\_\_\_\_ Living: \_\_\_\_\_  
EDD (YYYY/MM/DD): \_\_\_\_\_

Previous Obstetric History:  
\_\_\_\_\_  
\_\_\_\_\_

Current Pregnancy History:  
\_\_\_\_\_  
\_\_\_\_\_

Assisted Reproductive Technology used (Y / N) Describe:  
\_\_\_\_\_  
\_\_\_\_\_

Multiple Pregnancy (Y / N) List:  
\_\_\_\_\_  
\_\_\_\_\_



**Labor & Delivery**

Bereavement & Dystocia: Physical Position Changes & Non-Medical Comfort Measures Offered (Y / N) Describe:

\_\_\_\_\_

\_\_\_\_\_

Discuss the Welcoming with Mother, including Presentation of Baby, Lactation, Other (Y / N) Describe:

\_\_\_\_\_

\_\_\_\_\_

Briefly Describe Other Key Events:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Infant Profile**

Surname: \_\_\_\_\_ Ordinal: (Jr./ III): \_\_\_\_\_ Given Name(s): \_\_\_\_\_

Date of Birth (YYYY/MM/DD): \_\_\_\_\_ Gestational Age (weeks): \_\_\_\_\_

Birthweight (grams): \_\_\_\_\_ Weight at Time of Death (grams): \_\_\_\_\_

Inborn: \_\_\_\_\_ Outborn: \_\_\_\_\_ Where: \_\_\_\_\_ Age of Transfer (days): \_\_\_\_\_

Apgar Scores: (1) \_\_\_\_\_ (5) \_\_\_\_\_ (10) \_\_\_\_\_ (15) \_\_\_\_\_ (20) \_\_\_\_\_

Briefly Describe Other Key Information about Infant:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**The Welcoming**

Indicate Y/N	Mom	Dad	Siblings	Others
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Saw Baby \_\_\_\_\_

Touched \_\_\_\_\_

Held \_\_\_\_\_

Dressed \_\_\_\_\_

Bathed \_\_\_\_\_

Photos \_\_\_\_\_

Bonding while Preserving Physical Form (cooling, as necessary) \_\_\_\_\_

*Go slow. Validate. Provide Options. Supplement Resources.*



**Transitioning into Farewell**

**Keepsake Making/"Nest Building" for Healthy Bereavement**

Certificate of Birth (Y / N): \_\_\_\_\_

Hair Clipping/ Print / Casting/ Items Touching Baby/ Other: \_\_\_\_\_

Coroner Contacted (Y / N/ Not Applicable) By Whom: \_\_\_\_\_

Autopsy Discussed: (Y / N) Consent Obtained (Y / N) By Whom: \_\_\_\_\_

Ritual Making:

Baptism/ Blessing/ Other: \_\_\_\_\_

**Bereavement Support Resources**

Stillbirthday Birth & Bereavement Doula ([www.stillbirthday.com/find-doula](http://www.stillbirthday.com/find-doula))

Now I Lay Me Down to Sleep Photography

Discussed: Yes/ No

Referral Made: Yes/ No

Date (YYYY/MM/DD): \_\_\_\_\_ Referred By: \_\_\_\_\_

Consent Obtained (Yes/ No) By Whom: \_\_\_\_\_

Services Provided:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Referral Papers and/or Memento Keepsake Box Presented (Yes /No)

Received by Family (Yes / No)

Stored (Yes/No)

**Bereavement Follow-Up Support Resources**

Caregivers Involved (as applicable)	Notification (by whom), Date (YYYY/MM/DD), Time
Staff/Physicians	
Nurses	
Nurse Practitioners	
Social Worker	
Chaplain	
Children's Aid Worker	
Neonatal Follow Up	
High Risk Obstetrical	
Family Physician	



OB/Midwife	
Postpartum and Lactation Support	
Assisted Reproductive Technology Program	
Consulted Services (Cardiology, Genetics)	
Stillbirthday Birth & Bereavement Doula	

Physician/NP Name (print) _____	Signature _____	Date _____
RN Name (print) _____	Signature _____	Date _____

<b>Follow Up Contact (date, by whom)</b>
1 Week Call: _____
1 Month Call: _____
3 Month Call: _____
6 Month Call: _____
1 Year Call: _____

<b>Additional Notes</b>



## Stillbirthday Resources

[www.stillbirthday.com/during-birth/](http://www.stillbirthday.com/during-birth/)

[How to Bathe a Baby Not Alive](#)

[How to Photograph](#)

[What an SBD Doula Is and Does](#)

[How to Doula in Birth](#)

[How to Doula in Bereavement](#)

[Find a Doula](#) , photographer, and other support resources

[Farewell Celebrations](#), funeral, cremation and other support resources

[Support for Medical Professionals](#)

[Bereavement Support Resources](#)

[Guidance for Loved Ones Caring for the Bereaved](#)

# Hospital Release Form



## HOSPITAL AUTHORIZATION FOR RELEASE OF INFORMATION TO INCLUDE A STILLBIRTHDAY DOULA ON THE CARE TEAM

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My signature below authorizes \_\_\_\_\_ to pass my name and limited event information  
(hospital/facility name)  
with a local independent, professionally trained stillbirthday doula to provide individualized support to myself and my family during labor, birth, and early postpartum of my hospital stay. I understand the doula can offer comfort measures, emotional support, guidance in keepsake making and referrals to additional support for myself and my family, all tailored according to my needs and wishes during this time.

\_\_\_\_\_  
Mother's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Room Number

\_\_\_\_\_  
Mother's Printed Name

\_\_\_\_\_  
Baby's Printed Name

\_\_\_\_\_  
Mother's Admission Date

I understand that stillbirthday is a part of Christian Childbirth Services LLC and is not owned by or affiliated with the hospital in any way, that neither the hospital nor stillbirthday will receive financial or in-kind compensation in exchange for using or disclosing my information. I also understand the hospital makes no warrants or makes any representations concerning the services or products offered by the independent stillbirthday doula.

I understand I may receive a copy of this authorization after I sign it.

\*\*Hospital Staff: Please place signed form with patient's chart and send to Medical Records at discharge.

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*stillbirthday*  
because a pregnancy loss is still a birthday

The MOM Center: Stillbirthday Headquarters  
11117 N. Oak Trafficway  
Kansas City MO 64155  
[www.stillbirthday.com/find-doula](http://www.stillbirthday.com/find-doula)  
[www.stillbirthday.com](http://www.stillbirthday.com)