



KMC  
Healing  
Hearts

# KMC Healing Hearts

Presents

Birth & Bereavement Support Training Workshop

provided by stillbirthday

Sunday, March 29, 2015

## For Birth Professionals & Allied Healthcare

Subjects we will explore:

- Definitions and interpretations of life, death, and grief.
- Integration of foundational stillbirthday principles of holistic service in perinatal healthcare.
- Providing support prior to, during and after birth in any trimester.
- Providing support in the spaces where birth meets with bereavement.
- How to be supported.
- How to support in subsequent pregnancy, birth and postpartum.

What you will gain:

Here we'll explore what it means to support families giving birth in any trimester, including supporting in subsequent pregnancies and "red flags of grief" that might otherwise be overlooked, including bonding issues in pregnancy, dystocia in labor and attachment issues postpartum.

You will identify similarities and differences in pregnancy and infant loss to other traumas a family may experience, you'll strengthen your ability to identify and understand the connections between events in a mother's obstetrical history, you'll learn the importance of being supported yourself, and you'll see how your trust in your own support network will impact your response to your client. You'll begin to build a strong foundation of support for yourself that you need to be the best you can be, for your clients, and for yourself.

Please reserve your place at [www.stillbirthday.info/kmc](http://www.stillbirthday.info/kmc)



# KMC Healing Hearts

Presents

## Love Wildly

*a healing hearts event for mothers who have experienced pregnancy & infant loss*

provided by stillbirthday

Saturday, March 28, 2015

### For Healing Mothers

What we will explore:

- Sharing Circle – share your story, and hear the words of others. You are invited to bring a photo of any keepsakes you'll like to share.
- Womb Wrapping
- Nest Building
- Learn what it means to Love Wildly
- Opportunity to engage in the Love Wildly global healing movement.

What you will gain:

- Valuable time of encouragement, affirmation and love.
- Tangible tools and resources for further support.
- Love Wildly gifts sponsored by KMC Healing Hearts and provided by stillbirthday.

Every mother of every pregnancy and infant loss experience is welcome and invited.

Please reserve your place at [www.stillbirthday.info/kmc](http://www.stillbirthday.info/kmc)